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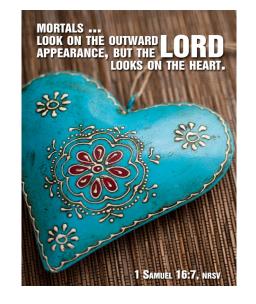
E-mail: office@fumclvks.org

Website: www.fumclvks.org

CCLI 1771569 CSPL102679

16th Sunday after Pentecost September 20, 2020

10:00am



*Prelude

*Welcome

*Call to Worship— Psalm 25:4-7 (CEB Version)

Leader: We did not first seek God. God first came looking for us.

People: We do not find God. It is God who finds us.

Leader: By grace we are saved through faith,

People: and faith is not our own doing, but the gift of God.

Leader: Come, let us praise and worship our God.

People: We worship with humble and grateful hearts.

Let us Pray together:

Lord our God, you yourself remind us through your holy people that all our religious practices are not worth anything if we use them to bend you our way.

God, may we come to you in humility and repentance, ready to encounter you in love and to turn your way. Accept us as your sons and daughters, together with Jesus Christ, your Son and our Lord forever. Amen.

*Music Ministry: "Blessed Assurance" by Phoebe P. Knapp Arr. by Sandra Eithan

Wesley Ringers

*Children's Time: Sandy Wood

*New Testament Reading: Romans 8:6-16

*Old Testament Reading: 1 Samuel 16: 1-13

*Message: "Heart of the Matter: Name the Hurt and Let Go" by Rev. Dr. Dave York

*Prayer Time and Lord's Prayer

*Offertory

*Announcements & Invitation

*Closing song: "Because He Lives" UMH 364

*Benediction

PRACTICING FORGIVENESS

From Anointed to Heal by Larry and Audrey Eddings

Simple Prayer for Forgiveness from God

"God, your word tells us that if I confess my sin, you are faithful and just to forgive me. Father, I confess my sin (name the sin). I repent of that sin and ask you to forgive me. Thank you, Lord, for your forgiveness. Amen."

Questions related to Our Need for Forgiveness

Is there anyone who has hurt me?

Is there anyone who has hurt me and I have not yet forgiven them?

Is there anyone I hold a grudge against?

Is there anyone I hate?

Is there anyone whom I harbor ill-will?

Has resentment or bitterness seeped into my heart?

Do I need to be reconciled with anyone?

Do I really want to do something about it?

Practice this simple yet powerful prayer for others

"(name the offender), I forgive you for (name the offense).

"God, I ask you to forgive me for my negative attitude (name the attitude) toward (name the offender)."

"God, I thank you for your forgiveness."

PROCESS OF FORGIVENESS

Admit to someone something happened

Get in touch with the consequences of action.

Tell what happened

Forgive the offender for your own sake, not theirs

Tell offender when repentance happened for their sake

Forgiveness is not the same as trusting the offender

Prayer of Freedom for Yourself

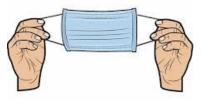
(Say <u>your</u> name), I forgive you from (whatever your sin is – being a failure, always saying wrong things, a particular offense that you hold against yourself). God, please forgive me for my destructive and negative attitude (name it) that I hold against myself. I know it is an offense against You for You loved me enough to die for me even while I was still in my sin. Thank you for your forgiveness. Amen.

Scripture on Forgiveness (just a few of many)

Matthew 18:23-25, John 20:21-23, Psalm 103:12 Jeremiah 31:34, Mark 2:5, Luke 23:43 Matthew 6:12, Ephesians 4:30-5:2



Abel Portenier
Alice Hall
Shirley Cowen
Victor Cochran
Gayle Moore
Frances Rogers
Bob Cowen



Please wear your mask in public. Be considerate and respect others



Monday, Sept. 21, 6:30pm

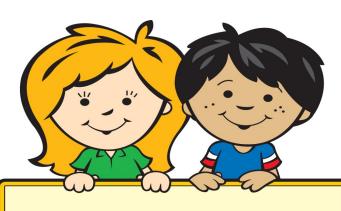


Saturday,
September 26
Volunteers needed
Contact Jim Wolfe
for more info



Monday-Thursday 9:00am—3:00pm

Friday 9:00am—noon



Have a kid you want to include in our Children's Ministry?

We hope to restart our Children's Ministry some time in October. If you want more information, please contact Sandy Wood at swood@fumclvks.org



AIR Ministries will resume Monday, October 5th



Tuesdays at 10am
Thursdays at 7pm
In the Educational Building



Join us Tuesday at 6:30pm in the Educational Building

